

School Dance Styles

Ecole de Danse

FOUR BY FOUR

Count: 32 Wall: 2 Level: Intermediate

Choreographer: Steve Cavanaugh (USA) - January 2025

Music: 4x4xU - Lainey Wilson : (album: Whirlwind)

Weight left, start with right after 16 counts from beginning of track

[1-9] STEP FWD, MAMBO 1/4 TURN, SWAYS (3), DIAMOND FALL AWAY 3/8 TURN R

1, 2&3, 4-5 Step Fwd R, Rock Fwd L, Recover R, Turn 1/4 L Swaying L, R,
Sway L sweeping R Across L

6&7, 8&1 Step R Across L, Turn 1/8 R Stepping Back L, Step Back R, Step Back L,
Turn 1/4 R Stepping Fwd R, Step Fwd L

[10-17] MAMBO 1/8 TURN R, WEAVE, SWEEP BACK, SAILOR

2&3, 4&5 Rock Fwd R, Recover L, Turn 1/8 R Stepping Side R, Cross L over R,
Step R to Side, Step L Behind R Sweeping R Back

6, 7, 8&1 Step R Back Sweeping L Back, Step Back L Sweeping R Back, Step R Behind L,
Step L to Side, Step R to Side

[18-25] WEAVE 1/4 TURN R, 1/2 PIVOT, STEP FWD, TRIPLE FULL TURN FWD, FWD COASTER

2&3, 4 Step L Behind R, 1/4 Turn R Stepping R fwd, Step L Fwd,
1/2 Pivot R (weight to R)

5, 6&7 Step L Fwd, Turn 1/2 L Stepping R Back, Turn 1/2 L Stepping L Fwd, Step R Fwd
8&1 Step L Fwd, Step R Beside L, Step L Back Sweeping R Back

[26-32] WEAVE 1/4 TURN L, 1/4 PIVOT R CROSS, 3/4 TURN L, CURVING RUN TURNING 1/4 R

2&3, 4&5 Step R Behind L, Turn 1/4 L Stepping L Fwd, Step R Fwd, Step L Fwd,
Turn 1/4 R (weight to R), Step L Across R

6,7, 8& Turn 1/4 L Stepping R Back, Turn 1/2 L Stepping L Fwd, Turn Stepping R Fwd,
Turn 1/8 R Stepping L Fwd

TAG (END OF WALL 5, FACING 6 O'CLOCK WALL)

[1-8] Step R Fwd, 1/2 Turn Mambo, Shuffle Fwd, 1/2 Turn Mambo, Shuffle Fwd

1, 2&3, 4&5 Step R Fwd, Rock L Fwd, Recover R, Turn 1/2 L Stepping L Fwd, Step R Fwd,
Close L to R, Step R Fwd

6&7, 8& Rock L Fwd, Recover R, Turn 1/2 L Stepping L Fwd, Step R Fwd, Close L to R

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.schooldancestyles.fr